

Sheryl M. Hakala, M.D., P.A.

815 South Rome Avenue
Tampa, Florida 33606
Phone: (941) 375-2812



EDUCATION

University of South Florida , Tampa, Florida	Current
• Masters Degree in Functional Medicine	
University of South Florida , Tampa, Florida	2003-2005
• Child Psychiatry Fellowship	
University of South Florida , Tampa, Florida	2000-2003
• Adult Psychiatry Residency	
University of South Florida , Tampa, Florida	1996-2000
• M.D.	
University of Tampa , Tampa, Florida	1991-1996
• B.S. in Biology with Minors in Chemistry, Psychology, and Mathematics	
• Graduated Cum Laude	

AWARDS

- 2002 Lowenthal Award from Florida Geriatrics Society.
- Wyeth Resident Reporter for the American Psychiatric Association Conference, May 2002.
- Auxiliary Committee Scholarship for Florida Psychiatric Society Conference, November 2001.
- Honorable Mention for Scholarly and Creative Activity from the USF Department of Psychiatry and Behavioral Medicine at the University of South Florida, 2001.
- Award for Excellence in Consultation/Liaison Psychiatry from the USF College of Medicine Department of Psychiatry and Behavioral Medicine, 2000.
- First Place for Superior Presentation for University of South Florida Health Science Center Research Day, 1997.
- Lucille B. King scholastic award from the Tampa Woman's Club, 1994.
- Achievement of \$100,000 sales from Merry-Go-Round, 1992.
- Prompter Award for Best Major Actress for "Seven Keys to Baldpate," 1990.

PUBLICATIONS

Academic

- Andrea S, Catalano G, Hakala SM, Bright R, Fernandez F. "**Mood Disorder and HIV Disease.**" *HIV and Psychiatry Training and Resource Manual*. Canadian Psychiatric Association. 2005.
- Catalano G, Houston SH, Catalano MC, Butera AS, Jennings SM, Hakala SM, Burrows SL, Hickey MG, Duss CV, Skelton DN, Laliotis GJ. **Anxiety and Depression in Hospitalized Patients in Resistant Organism Isolation.** *Southern Medical Journal* 2003 Feb;96(2):141-5.
- Hakala SM. **Treatment of Domestic Violence in Patients with Severe Mental Illness.** *The Resident Reporter* 2002 Oct;7(7):15-19.
- Catalano G, Hakala SM, Catalano MC. **Sertraline-induced panic attacks.** *Clin Neuropharmacol* 2000 May-Jun;23(3):164-8.
- Rabb H, Agosti SJ, Hakala S, Hoffman P, Gallatin WM, Ramirez G. **The leukointegrin alpha d/beta 2 (alpha d/CD18): specific changes in surface expression in patients on hemodialysis.** *Cell Adhes Commun* 1998 Jun;6(1):13-20.

Clinical Teaching

- Hakala, Sheryl. Pediatric Bipolar Disorder. Monthly meeting for the Tampa Bay Association of Marriage and Family Therapists.
- Hakala, Sheryl. Leader of *Learning from Our Mistakes*. Study Group at Tampa Bay Psychoanalytic Society. October 2007.
- Suboxone Inservice for Pain Fellowship Program at Tampa General. November 2006.
- Hakala, Sheryl. Borderline Personality Disorder. Inservice for Psychiatric Residency April 2003.

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Teaching Information For the Public

- Anglada T, Hakala SM. *Pediatric Bipolar Book*. Sourcebooks. August 2008.
- Hakala, Sheryl. Rebuilding A Relationship After An Affair. *Daytime TV Show*. Daytime.Tbo.com. January 2008.
- Hakala, Sheryl. When Someone You Love Has An Eating Disorder. *Daytime TV Show*. Daytime.Tbo.com. November 8, 2007.
- Hakala, Sheryl. Hybrid Mom. *Daytime TV Show*. Daytime.Tbo.com. September 25, 2007.
- Hakala, Sheryl. Making Your Relationship Work. *Daytime TV Show*. Daytime.Tbo.com. July 24, 2007.
- Hakala, Sheryl. The Ousted Mail. *Daytime TV Show*. Daytime.Tbo.com. May 3, 2007.
- Hakala, Sheryl. The Superwoman Syndrome. *Daytime TV Show*. Daytime.Tbo.com. April 5, 2007.

Literary

- Hakala SM. "I look down." *Medlennium*, 2000. (short poem)

NATIONAL BOARDS

- USMLE Step 1, June 1998, passed.
- USMLE Step 2, November 1999, passed.
- USMLE Step 3, October 2002, passed.
- Part I of General Adult Psychiatry Board Examination, November 2005, passed

RESEARCH

- **James A. Haley Veterans' Affairs Hospital, University of South Florida, Tampa, Florida** 1995-1996
 - Performed research concerning the expression of a novel leukointegrin
 - Assisted in immunohistochemical staining of macrophages in post-ischemic kidney
 - Assisted in research concerning T-lymphocytes in uremic patients
- **H. Lee Moffitt Cancer Center, Tampa, Florida** 1997
 - Performed immunohistochemical staining of p53 in sputum slides

ACTIVITIES

Current

- Member of Florida Psychiatric Society
- Member of Tampa Psychiatric Society
- Member of Tampa Psychoanalytic Society
- Member of American Psychiatric Association
- Member of American Medical Association

Residency

- Chief Resident for Child Psychiatry Fellowship
- Committee Chair for Child and Adolescent Committee for the Florida Psychiatric Society
- Interviewer for MINI-kid study. A study that compares the MINI-kid interview to the K-SADS structured interview
- Coordinator for Compensation and Pension Examinations
- Resident Representative to the Education Committee at the University of South Florida Psychiatry Residency Program, 2002-2003
- Member of Disaster Committee of the Florida Psychiatric Society
- Committee Chair for Residents Committee for the Florida Psychiatric Society
- Member of Child Committee for the Community Crisis Support Team for Hillsborough County
- Founding Board Member of the University of Tampa Honors Alumni Program
- Member of American Psychiatric Association
- Member of Florida Psychiatric Society
- Member of Tampa Psychiatric Society
- Member of Tampa Psychoanalytic Society

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- Member of American Academy of Child and Adolescent Psychiatry
- Member of Tampa Bay Council of Child Psychiatry
- Member of Association of Women Psychiatrists
- Member of American Medical Association
- Member of Avant Garde of the Tampa Museum of Art
- Participant of the American Psychoanalytic Association Mentorship Program

- **Medical School**
- Member of Honors Research Program, 1996-2000
- Third Year Clerkship Group Co-chair, 1998-1999. Facilitated dissemination of information among clerkship group.
- Treasurer of American Medical Student Association, 1997-1998
- Children's Cancer Center Big Buddy Program, 1997-1998
- Participated in a National Cancer Institute grant to promote cancer awareness among medical students by taking two classes, Cancer Prevention/Detection and Cancer Symptom Management, 1997.
- Officer for Class Note Service/Transcription Service, Fall 1996.
- Anesthesiology Student Assistant Program, 1997-1998. Shadowed anesthesiologists and helped perform various duties.
- Member of American Medical Association
- Member of Family Practice Student Organization
- Member of American Psychiatric Association

WORK EXPERIENCE

- Bay Pines VA Medical Center**, St. Petersburg, Florida 2003-2007
- Fee basis physician providing weekend coverage for 24 bed acute adult psychiatric unit and 11 bed geriatric psychiatry unit, provide ER consultation and crisis stabilization, and provide consultation and liaison for medical wards.
- James A Haley VA**, Tampa, FL 2003-2006
- Perform and supervise compensation and pension evaluations for psychiatric service connection.
- Operation Par**, New Port Richey, Clearwater, and Bradenton, Florida 2005-2007
- Provide medical management of methadone clinic
 - Provide medical management of detox center
- Private Practice**, Tampa and Sarasota, Florida 2005-present